



Guide for Taking the Power Audit

Here are the 4 steps to taking the Power Audit in your group:

1. START WITH THE EXAMPLE OF JESUS

Start the session with a Bible Study of Luke 8:40-56, where Jesus heals Jairus's daughter and the woman bleeding.

Talk about the different types of power Jesus uses and what he also doesn't do with his power. He offers choices along the way, as well as acknowledge people's needs, and he fulfils them while being very practical.

Draw out principles of the use of power from this story.

For example, Jesus never says "My faith healed you", rather "Daughter, your faith has healed you." In six words, Jesus has included the outcast woman, honoured her faith, and restored her physically, emotionally, socially, psychologically, and spiritually.

Building on from this, then look at other examples in the gospels where Jesus relinquishes his power, or uses his power for the sake of others.

2. TAKE THE POWER AUDIT IN YOUR GROUP

Then, get people to do the power audit to reflect on the use of power and the principles of the use of power (using Jesus as an example).

The goal here is to try to make "seen" what is often "unseen", and to enable people to acknowledge the power they have, and to think about using it well for the benefit of others.

3. DISCUSS THESE QUESTIONS

After doing the Power Audit in your group, reflect on the following:

1. Where do you have most/least power and how does this make you feel?
2. What struck you most about doing the exercise?
3. Where there any areas of power that you had not considered before?
4. How are you using the power you have? (To empower others (like Jesus did) or holding onto it for status and feeling good?)
5. What do you need to change because of this exercise?

4. FINISH IN PRAYER

Pray together that God would help you see what power you have.

Pray that you'd learn to relinquish power (embracing the power of the cross and resurrection).

Pray that you'd use the power you have for the sake of others (and to confront injustice, advocate for the powerless/marginalized/silenced, and challenge the status quo).