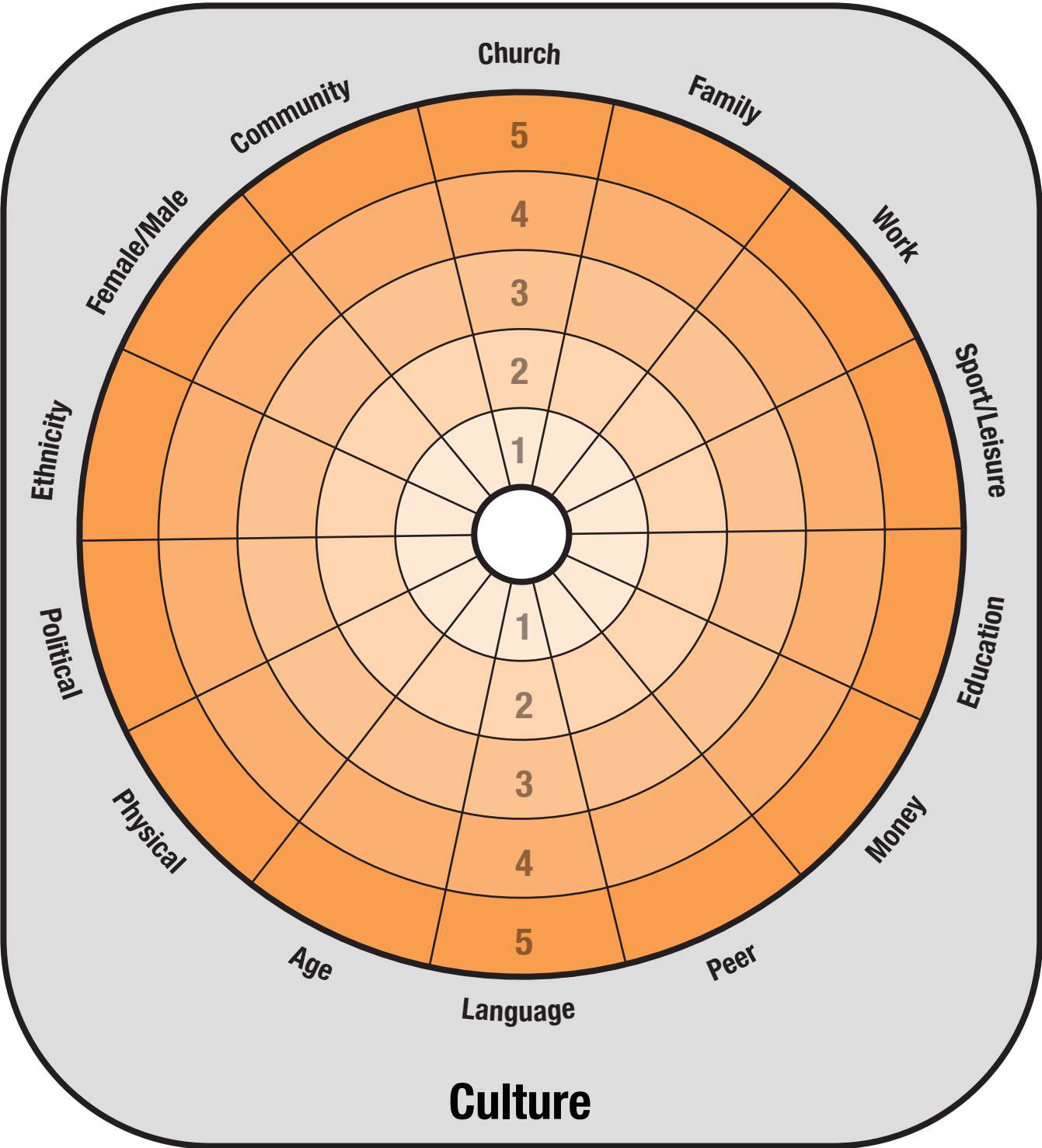


# The Power Audit





# Power Audit

*This is a reflection and self-assessment tool for individuals. It is designed to help you reflect on your current areas of power and the level of power in each area. It may differ for each section. There is no 'right' and 'wrong' answers to this tool. Instead we ask that you identify your current power and reflect on how you use that power.*

**Mark each section considering the amount of power you have for that section. The greater the number on the chart the more power you hold.**

- **Church** – for example position of influence, leader, authority, co-ordinator
- **Family** – considered 'head' of the home, elder, influence over others, respect, position in family
- **Work** – position, status, travel with job, influence, managing other people
- **Leisure** – captain, conductor, musician, competency level, artist, actor
- **Education** – level of education attainment and recognition, wisdom, training, experience, skills
- **Money** – more money equals more power, amount of debt, currency
- **Peer** – respect from and influence over others
- **Language** – what languages do you speak, how many, which ones?
- **Age** – older you are the more power you may have, respect, wisdom
- **Physical** – strength, health, ability, disability, physical limitations
- **Political** – community, local, national, international politics, advocating on behalf of others, lobbying and campaigning
- **Ethnicity** – does your ethnic background give you an advantage?
- **Male/Female** – males generally have more power simply by being male in their family, culture and context
- **Community** – local leadership, respect, acknowledgement as a leader